

"Do you want to talk about it?" "How are you feeling today?" "Thank you for trusting me." "I'm always here for you." "How can I help?" "I got you."

"Are you getting the care and support you need?" "You don't have to go through this alone." "I'm here to listen."

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What to say:

"How are you feeling today?" "I'm here to listen." "How can I help?" "I got you."

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