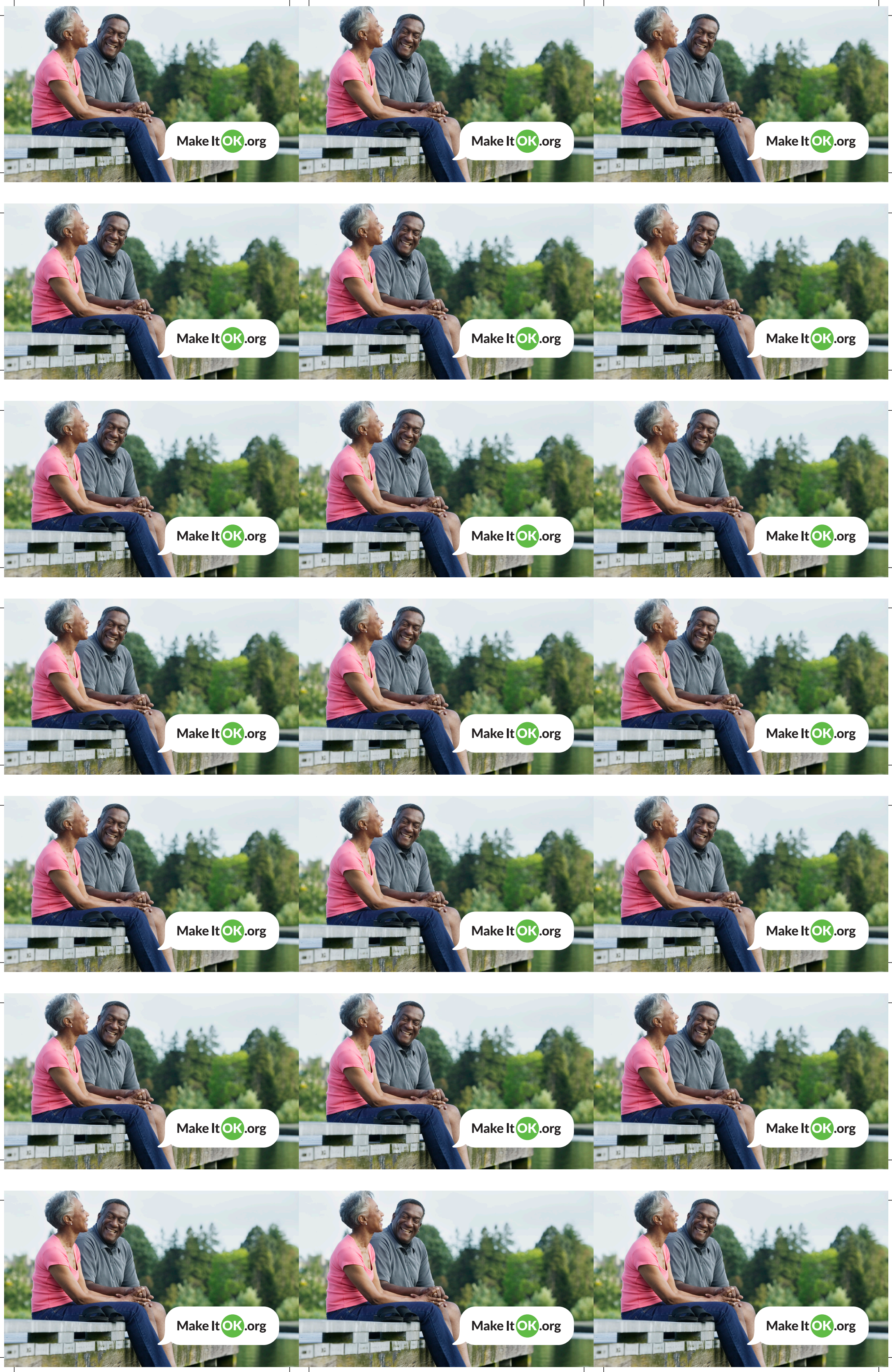
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What to say:

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"Do you want to talk about it?"

"I'm always here for you."

"How can I help?"

"How are you feeling today?"

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